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| **Topic: Supporting positive learning dispositions in young children (Birth – 3 years)**  |
| Both *Aistear* and *Síolta* highlight the importance of supporting positive learning dispositions in early years practice.In this short CPD session, you will learn more about positive learning dispositions. The suggested resources for viewing, reading and reflecting on highlight how you can help babies and toddlers to develop positive learning dispositions like independence, curiosity and resilience. |
| ***Key connections**** *Aistear’s* theme of [Well-being](https://www.aistearsiolta.ie/en/planning-and-assessing-using-aistears-themes/aistear-and-siolta-documents/well-being.pdf)
* *Síolta’s* Standard of [Rights of the child](https://www.aistearsiolta.ie/en/transitions/aistear-and-siolta-documents/1-rights-of-the-child.pdf)
 | **Support****dispositions like****independence,****curiosity and****resilience** |
|  | Checkmark |
| Document | Supporting young children’s positive learning dispositions is an important aspect of daily practice. This document will support you to do this. [Helping young children to develop positive learning dispositions (Birth – 3 years).](https://www.aistearsiolta.ie/en/planning-and-assessing-using-aistears-themes/resources-for-sharing/helping-babies-and-toddlers-to-develop-positive-learning-dispositions-birth-3-years-.pdf) |  |
| Eye | Watch this four-minute video, [Your role in supporting children’s learning](https://player.vimeo.com/video/290278812/) [and development](https://player.vimeo.com/video/290278812/) to hear Dr Margy Whalley explaining your role in supporting children’s positive learning dispositions. |  |
| Eye | Developing dispositions like independence, resilience and perseverance can only happen when children have the opportunity to do things for themselves and this involves getting wet and dirty as Dr Margy Whalley reminds us in this two-minute video, [Babies and toddlers need messy](https://player.vimeo.com/video/290278733) [play too!](https://player.vimeo.com/video/290278733) |  |
| Eye | [In this two-minute video,](https://www.aistearsiolta.ie/en/play/examples-and-ideas-for-practice/promoting-the-development-of-positive-learning-dispositions-learning-to-walk-birth-3-years-.html) you will see a baby learning to walk. Notice the positive learning dispositions of the baby and how the early years educator supports them.  |  |
| Eye | [In this four-minute video](https://www.aistearsiolta.ie/en/play/examples-and-ideas-for-practice/promoting-the-development-of-positive-learning-dispositions-though-caring-for-animals.html), you will notice lots of positive learning dispositions such as problem-solving, empathy, confidence and responsibility.  |  |
| Eye | Other important learning dispositions include perseverance and concentration. These are evident, across a range of ages, [in this four-minute video.](https://www.aistearsiolta.ie/en/play/examples-and-ideas-for-practice/promoting-the-development-of-positive-learning-dispositions-concentration-and-perseverance.html)  |  |

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|  | **My key reflections having viewed/read the above materials** **Prompts for Reflection**: What is working well for you in this area? What are the challenges you have experienced in this area? What will you do differently in the future? |
| Key |  |
|  | **An action I can take . . .****Prompts for Reflection**: Outline the changes you plan to make to your practice. How will these changes impact positively on children’s learning and development? Think about the resources and supports you will need. What aspects of this work would you like to prioritise and focus on in the coming weeks? |
| Lightbulb and pencil | Link to the Practice Guide’s [Aistear Síolta Action Planning Template](http://aistearsiolta.ie/en/Introduction/Action-planning-tool-for-Siolta-and-Aistear/Action-planning-tool-for-Siolta-and-Aistear.pdf)  |
| All of the above resources and many more are available on the *Aistear Síolta Practice Guide* website at [www.aistearsiolta.ie](http://www.aistearsiolta.ie) Thank you for visiting and using the Practice Guide. |